

Colonial Hills Courier

June 2021 - A PUBLICATION OF THE COLONIAL HILLS CIVIC ASSOCIATION (CHCA)

Hello!

I hope you are doing well and staying healthy. Summertime in our neighborhood is my favorite because we have so much to look forward to. Garage sales, 4th of July festivities and this year we are even getting a new playground at Selby Park!

Be sure to check your calendar magnet, read the Courier, visit colonialhills.us and “like” us on Facebook for information on neighborhood events.

I would like to thank our treasurer, Josh Hall for his service to the CHCA. Unfortunately for us, Josh and his family are moving out of the neighborhood. Thank you for all of your hard work and good luck, we will miss you!

See you around!

Emma McCandlish Lindholm

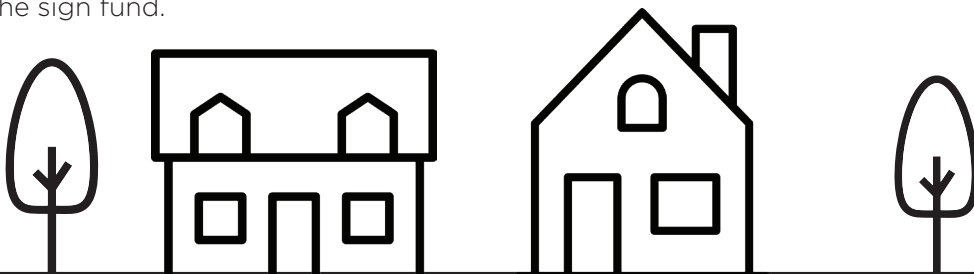
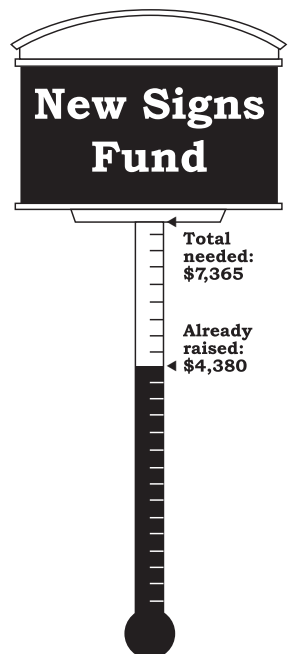
CHCA President

MEMBERSHIP DRIVE AND ENTRANCE SIGN UPDATE

It is time for our annual membership drive! CHCA membership dues help put on events, such as portions of the 4th of July celebration and pay to print the Courier. We hope that you will find it worthwhile to pay your dues and even consider giving a little more if you are able.

Thanks to your generous donations we are SO close to getting new neighborhood entrance signs. If you feel so inclined, add some extra money to your dues on the sign fund line and help us reach our goal. Here's the breakdown:

See the enclosed form for directions on how to pay your dues and to donate to the sign fund.



Colonial Hills

~ The Friendly Community ~

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BECOME A MEMBER TODAY!

Not a member of the CHCA? You can join for \$15/ family or \$5/single or senior. Mail checks made payable to CHCA to address above or pay online at colonialhills.us.

ABOUT THIS PUBLICATION

The Courier is published by the Colonial Hills Civic Association and distributed to approximately 800 homes.

Residents are encouraged to contribute articles for publication.

Please submit questions, ideas, content and/or updates by email to CHCAnewsletter@gmail.com or by mail, address above.

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SCHOLARSHIP WINNERS

Congratulations to the three individuals that each were awarded a \$1,000 scholarship from the Colonial Hills Civic Association. We are thankful for all those who applied and want to encourage those who are eligible to apply next year. We post the requirements and the one that requires a little forethought is “volunteer at two (2) Civic Association events OR complete a (Civic Association pre-approved) neighborhood project.”

So congratulations Seamus B. We loved reading about how you volunteered at just about everything, reading in your recommendation about the lessons in perseverance you learned growing up here, your National Honors Society honors and your continued pursuits in education and psychology. We will watch out for any further iterations of the Colonial Hills Biker Gang. Sounded dangerous...

Congratulations Eric S. We are so appreciative of your volunteer work for 4th of July set up and tear down, the Run Through the Hills 5k, and were inspired by your story of your cellist neighbor. We think that you should do some sidewalk concerts in the neighborhood of your own and inspire more kids to pursue music, just like you continue to volunteer your talents in nursing homes and are teaching others.

And congratulations to Kelly C., a former CHCA board member who is going back to school for occupational therapy. Kelly, we appreciate the years of service you have done for this neighborhood and loved hearing a unique perspective, as an adult and parent, that you brought to the scholarship essay.

All three of the winners, we are thankful for your contributions to the neighborhood and look forward to your achievements in the years to come!

BUDDY BOX PACKING EVENT

Last year the CHCA had originally planned a neighborhood “packing” event with the Family Mentor Foundation to pack Buddy Boxes to help hungry kids in our community. (Buddy Boxes are weekend food boxes provided to kids in Franklin County who lack food over the weekends both during the school year and summer.) Unfortunately, we could not go as a big group because of Covid restrictions but were able to sign up to volunteer in small groups and had fun serving our community. Together we packed almost 1,000 Buddy Boxes!

Let’s look to beat that number this year! Be on the lookout for the Facebook event where you can sign up to pack up Buddy Boxes this summer for the Family Mentor Foundation. Love your neighbor; pack a box!

The Family Mentor Foundation is always looking for volunteers to help pack Buddy Boxes. Please visit their website to learn more about this wonderful organization and to sign up to help throughout the year.

<https://www.familymentorfoundation.org/>

FOURTH OF JULY: CELEBRATE TOGETHER...ISH

Let's all be honest with each other for a moment; we missed some togetherness on the Fourth of July celebration in 2020. We are aiming to fix that this year! **July 3rd**, we are planning for a celebration... in a socially distant, safe sort of way of course. How will we do that? We are so glad you asked (Are you sitting down? Cause this is going to knock your red, white and blue socks off...)

4th of July 5K

Good news Colonial Hills, in order to comply with ever changing CDC guidelines and the requirements of our Parks & Rec department we've reimagined the 4th of July 5k again! This year we're going hybrid!!

We will be holding the in-person race on **July 4 at 8:30 am** and will be sending runners off in waves to help keep everyone socially distant. Yes, this is a completely different day than the kiddie parade and the food trucks, but having the events on 2 different days will help with the social distancing as well as allowing all of the runners/walkers to complete the entire race without interrupting the parade. We are capping the in-person race at 150 people this year (again with the social distancing) and will not be doing race day registration (we are serious about not being close to you!) so make sure you sign up ahead of time. Finally, PLEASE MAKE SURE YOU ENTER AN ACCURATE EMAIL ADDRESS WHEN REGISTERING!!!! If I need to contact you about any changes or wave times I need you to give me an email address that you actually check.

If you aren't going to be in town, have early morning 4th of July plans, don't like running outside in the heat, are not yet comfortable being in a group setting no matter how much social distancing is going on, or any other reason you can think of, you can still be a part of the 4th of July 5k tradition by doing our virtual run! Just like last year you can run, jog, walk or crawl any 5k route you want and you don't have to submit your time unless you want to. We would love to see pictures of you running or sweating afterwards so please take them and post on our facebook page! No awards will be given for the virtual race.

The race will be \$25 this year and you can register at: <https://runsignup.com/Race/OH/Worthington/RunthroughtheHills>

Please remember that this is another first for us and we're doing our best to make it accessible to everyone so give us a little grace as we perfect the process :-)



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House Decorating Competition

Get out your red, white and blue decorations! Judging for the second annual 4th of July house decorating competition will take place on Saturday, **July 3rd between 5:00 and 7:00pm**. Check Facebook that evening for the results.

Kiddie Parade

Is it happening? YES. Have we figured out all the details? By the time you show up on **July 3rd's** Kiddie Parade around Selby Park at **10:00 AM** with your bikes and scooters and wagons decorated, we will :) We will outline where to line up, start the parade and feel comfortable celebrating the creativity that the kiddos of Colonial Hills have to offer.

Midway Games?

Not this year but we are handing out craft kits and goody bags!

Food Trucks

Food and fun go together like the Sandlot pairs with Ray Charles, like Red pairs with White and Blue, like the Fourth of July pairs with... well... food. So yes, CyMack has generously agreed to sponsor a free Kona Ice Truck! Yes, we will have other local food trucks for you to support and enjoy their delicious food on **July 3rd**. We will have cones out so people can safely line up but are looking forward to enjoying the deliciousness of the day with you.

TRUSTEE THANK YOU

How can we say thank you to those generous Trustees that keep this whole adventure we call the Colonial Hills Civic Association going? You are like the Postal Service (or Amazon ... or FedEx... pick your favorite delivery people, you get the picture); neither rain nor sleet nor snow can keep you all from serving your neighbors. You deliver luminaries, Colonial Hills Couriers, and are the ones we rely on to get the job done. Thank you. So how do we say thank you? Since we are not hosting a dinner this year, we are saying thank you with some deliciousness from Sassafras Bakery. It is the least we can do!



THANK YOU

We had the friendliest Easter Bunny around come hopping through the neighborhood in April. Did you miss it? I'm sure the Bunny will be back again next year, hopefully at our popular egg hunt!

THANK YOU to our neighbors, Jen and Rory Hall and Laura Legge for making the Easter Bunny drive through happen. You all were a hit!



A MESSAGE FROM OUR NEIGHBOR: SUICIDE AWARENESS & PREVENTION PROJECT

My name is Andrea Nadolny and I am a junior at Thomas Worthington High School. When I was 14, I lost a friend to suicide. He was just one of 48,344 Americans who died by suicide in 2018. This loss compelled me to promote suicide awareness and prevention with my Girl Scout Gold Award project, a service project to give back to my community. As we look forward to life after Covid-19, mental health is more important than ever.

I partnered with the Ohio Suicide Prevention Foundation and a local graphic designer to create infographics covering many important issues related to mental health: symptoms of suicidal thinking, how to talk about suicide, and the stigma of mental health. Suicide rates in America are the highest they have ever been, and with my infographics people can easily learn about the importance of mental health.



I also created murals about the importance of suicide awareness. With the help of Jennifer Button, former CHCA president, my first mural has been installed at the Worthington Recreation Center, alongside a QR code linking my infographics. This mural represents how people in our community are struggling with suicidal thoughts, thinking that they are alone. However, there are others going through the same feelings and our whole community is there to support them through their darkest times. My second mural for the Old Worthington Library will be an interactive part of the Summer Reading Program where the whole community can come and put their handprint on the mural.

As a community, we need to destigmatize mental health. Educating yourself on suicide is the first step in starting the conversation. Scan the QR code to access my infographics on suicide education. Know the signs of suicide and look out them in your loved ones.



for **EVERYONE**



Make Your Mark at the Library!

Drop in and paint your handprint on our new community mural
for Old Worthington Library!

This community mural for suicide education and prevention is part of a Girl Scout Gold Award project.
These outdoor events will be rescheduled in case of rain. Watch our Facebook page for details.

**SATURDAY,
JUNE 5**
from 2-4 pm

Old Worthington Library

**SATURDAY,
JUNE 19**
from 2-4 pm

Northwest Library

**SATURDAY,
JULY 17**
from 2-4 pm

Worthington Park Library



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Ali Diehl, 614-633-8059⁺
Beth Eader, 614-361-3832
Lauren Frenz, 614-715-7784 (cell)⁺
Audrey Holton, 740-221-0146 (cell)^{+(BB)}
Regan Jones, 614-318-9182
Zoe Lawhead, 614-361-3832
Emma McKeegan, 614-318-5704⁺
Mara Miller, 614-623-0104⁺
Lily Millwater, 614-844-3836 (cell) or 614-396-6144⁺
Andrea Nadolny, 614-781-8821^{*(SS)}
Julia Orloff, 614-885-4963⁺

+ = Red Cross certified

** = Girl Scout certified*

(SS) = Safesitter certified

(BB) = Better Babysitters class

This list also appears on the CHCA website; to be added or removed, email CHCAnewsletter@gmail.com

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Gabe McCallister, 614-678-3156; dog walking, pet
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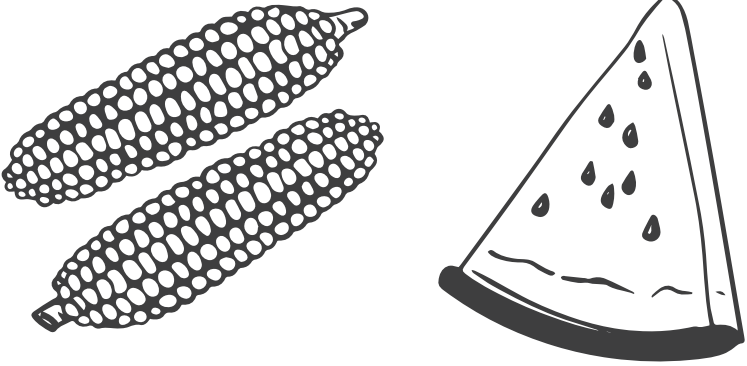
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