

# 5k Run Through The Hills

## Colonial Hills

Worthington, OH

July 4

[www.colonialhills.us](http://www.colonialhills.us)

### About the Race

The Colonial Hills Civic Association invites you to participate in the 40th annual 5 kilometer "Run Through the Hills." The race will be held Thursday, July 4, 2019, starting at 8:30 a.m. The course will weave through beautiful tree-lined streets of Colonial Hills and offers a great way to start the 4th of July.

### Entry Fee

\$20.00 - Pre-registration  
(this entry form received in USPS mail by 7/1/19)

\$30.00 - Day of race registration

\* Proceeds benefit Colonial Hills Scholarship Fund

### Registration Includes:

Awards\*  
T-Shirts (first 150 registrants)  
Refreshments

### Race Day

Register or pick-up race number and T-shirt at Selby Park from 7:30 a.m. to 8:00 a.m. Race starts promptly at 8:30 a.m.

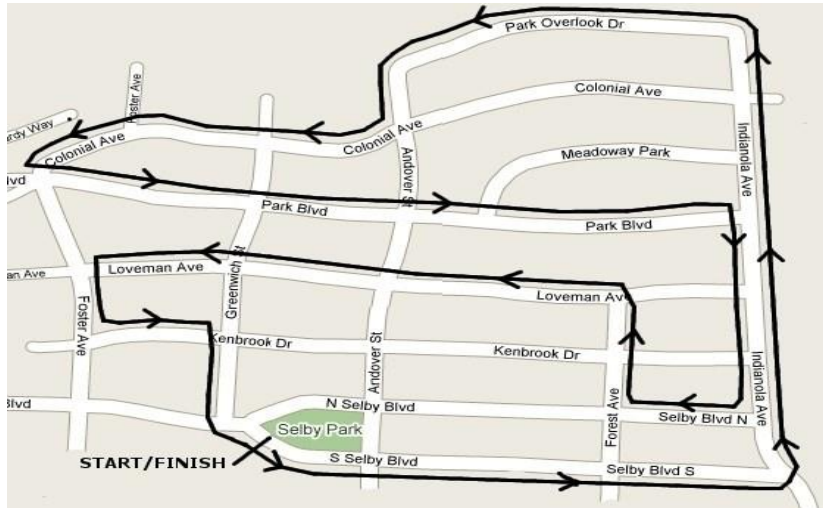
### \*Awards

Awards will be presented to 1st male/female adult over-all. 1st place male/female junior (19 and under) over-all. In addition, awards will be presented to the top three finishers both male and female in each of the following categories:

1. Age group 12 and under
2. Age group 13-19
3. Age group 20-29
4. Age group 30-39
5. Age group 40-49
6. Age group 50-59
7. Age group 60 and over

## Where and When

The "RUN THROUGH THE HILLS" starts and finishes at Selby Park, located on Selby Boulevard between High Street and Indianola Avenue in Worthington. The race will begin at 8:30 a.m. sharp!



### *Complete and return entry form to:*

Colonial Hills Civic Association  
c/o "Run Through the Hills"  
P.O. Box 676  
Worthington, OH 43085

### **Or visit:**

[runsignup.com/Race/OH/Worthington/RunthroughtheHills](http://runsignup.com/Race/OH/Worthington/RunthroughtheHills)

Please make checks payable to:  
Colonial Hills Civic Association

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## Colonial Hills 5K "Run Through the Hills," Thursday, July 4, 2019

Please Print:

Name: \_\_\_\_\_ Age on race day: \_\_\_\_\_ M/F: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Shirt Size:  Youth Medium  Youth Large  Adult Small  Adult Medium  Adult Large  Adult X-Large

Release: In consideration for the acceptance of my entrance fee. I for myself, my executor, my administrators and assignees, do hereby release and discharge the Colonial Hills Civic Association, its officers, trustees, and volunteers, and other sponsors from all claims of damages, actions, whatsoever and in any manner arising or growing out of my participation in said athletic event. I attest and verify that I have full knowledge of the risk involved in this event and I am physically fit and sufficiently trained to participate in this event. (Parents signature required if under the age of 18)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_